

## Safety S.O.S. Signal for Help



Children or others who know this universal gesture can use it to get help without attracting attention from the person they're with. It subtly resembles a wave hello or goodbye and thus acts as an alert across many situations, even in an online classroom or in a busy environment such as an airport.

When we learn about this sign, those in need can use it and we can start watching out for it in our communities.

*Protecting children and young people is a special concern for the Church, as we are called to see the face of Jesus in the vulnerable and needy neighbor.*

Matthew 25:31-46

Teach this simple signal to everyone so the message would be recognized:



**1**

**Tuck**

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**2**

**Trap**

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**3**

**Lift**

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**4**

**REPEAT**

## Discussion Questions

Who can benefit from learning about the signal for help?

How can I ensure that everyone in my church knows about the signal for help?

## 3 Things to Remember

- Never ignore a request for help.
- Abusers are often good at making things look normal on the outside.
- If you are unsure, report to a leader who can guide you.

## Practical Steps

1. Practice doing the signal right now. Doing helps you remember.
2. Share this information about the signal for help through a flyer, email or on your social media accounts.
3. Introduce the signal for help as part of your teaching programs for children.